



Review Article

Effect of metallic and nonmetallic nanoparticles (NPs) and their salts in reproductive biotechnology

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ABSTRACT

In order to maintain or enhance genetic diversity, particularly in endangered species, essential procedures are applied in a variety of species, including humans, livestock, and aquatic vertebrates and invertebrates. These techniques include sperm cryopreservation and *in vitro* embryo creation. Reactive oxygen species (ROS), which are molecules made from oxygen, are frequently produced in greater amounts because of these techniques. ROS levels in cells can range from low to high, leading to a variety of effects including apoptosis, autophagy, and necrosis. To combat and neutralize ROS, cells have intrinsic antioxidant systems made up of enzymes and non-enzymatic antioxidants. Free radicals and oxidative stress have a big impact on *in vitro* operations. To develop solutions to lessen their impacts, this review focuses on analyzing how metallic and nonmetallic (NPs), as well as their salts, regulate oxidative stress during *in vitro* embryo formation and sperm cryopreservation.

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Introduction

The generation of *in vitro* embryos, sperm cryopreservation, and sperm sexing are only a few examples of assisted reproductive technologies (ART) that are known to produce significant amounts of reactive oxygen species (ROS). For instance, the freezing and thawing of semen samples during sperm cryopreservation increases the generation of ROS, which can result in lipid peroxidation from being exposed to oxygen and cold shock (Bansal and Bilaspuri 2009). The selection of an extender during sperm cryopreservation can also have an impact on the sperm's quality and oxidative stress, which will ultimately affect the result (Salehi et al. 2020). Enzymatic and non-enzymatic defenses against ROS buildup are present in cells. Non-enzymatic antioxidants can

reduce ROS production and reduce inflammation, including the TNF-RI/P-60 receptor, which causes apoptosis, as well as vitamins C and E, glutathione, uric acid, and substances present in herbal medicines (Baghshahi et al. 2014; Mokhtari et al. 2020). Superoxide anions are transformed into hydrogen peroxide by enzyme antioxidants such as copper/zinc superoxide dismutase (Cu/ZnSOD) in the cytosol and mitochondrial Mn²⁺-dependent superoxide dismutase (MnSOD) (Zavareh et al. 2015). Another class of antioxidant enzymes called glutathione peroxidases (GPXs) uses reduced glutathione to destroy H₂O₂. H₂O₂ is broken down by the catalase enzyme into oxygen and water (Fardsadegh and Jafarizadeh-Malmiri 2019) Cofactors, including copper, zinc, manganese, selenium, iron, and selenium all contribute to the construction of these enzymes. Due of its uses and

developments, the science of nanotechnology has recently attracted a lot of interest. Because of their distinct characteristics from their bulk counterparts, metal and non-metal NPs have gained considerable interest (Farokhzad and Langer 2009). Nanotechnology is influenced by some scientific fields, including chemical, materials science, physical, biological, and engineering. Through Nano-bio interactions, NPs with sizes ranging from 1 to 100 nm can influence cell destiny and structure, potentially causing or avoiding mutations and promoting cell-cell communication (Khurana et al. 2019). NPs can promote the movement of water-soluble substances, amino acids, peptides, DNA, miRNA, siRNA, vaccines, and other treatments and the therapeutic efficacy of ionized medicines. The absorption of nanoparticles by cells and tissues is often greater than that of their salts (Gupta et al. 2010).

In recent years, oocyte, sperm, and embryo preservation in a variety of species, notably in cattle, have benefited significantly from advances in nanotechnology and nanomedicine. This study intends to investigate the functions of selenium, copper, zinc, iron, and other metal and nonmetal nanoparticles, together with their salts, which function as cofactors in the structure of antioxidant enzymes. These nanoparticles and their salts are essential for several procedures, including sperm cryopreservation, *in vitro* embryo development, sperm sexing, and sperm isolation.

In Vitro Oxidative Stress on Oocytes, Sperm and Embryos

There are two basic sources of reactive oxygen species (ROS): 1) Internal sources coming from metabolic pathways and enzymes such as xanthine oxidase, NADPH oxidase, and oxidative phosphorylation; and 2) External sources coming from elements including light, culture media, energy supply, oxygen content, and cryopreservation (Torres-Osorio et al. 2019). Under normal circumstances, aerobic metabolism produces ROS such as hydrogen peroxide (H_2O_2), superoxide anion (O_2^-), and hydroxyl radicals ($OH\cdot$), whereas the enzyme nitric oxide synthase (NOS) produces nitric oxide (NO) by converting L-arginine and L-citrulline (Halliwell 2006). When there is an imbalance between the generation and removal of ROS within the biological system, oxidative stress (OS) takes place. As a result of oxidizing proteins, destroying nucleic acids, and inducing lipid peroxidation, ROS can impair cellular activities when they are overcome by cells and the detoxification systems are unable to remove them (Halliwell 2000). Low amounts of ROS can increase cell survival while excessive concentrations can cause cell death, therefore ROS can have both positive and negative impacts on cellular life. Additionally, ROS can function as second messengers, inducing certain biological reactions

(Aitken and Drevet 2020). Polyunsaturated fatty acids make sperm membranes extremely susceptible to lipid peroxidation, and oxidative stress raises the quantities of lipid peroxides in the body. Reduced sperm motility, impaired fusion with oocytes, and decreased electron efflux in sperm mitochondria have all been linked to this (Evans and Cooke 2009; Alahmar 2019). Free radical generation during cryopreservation and thawing has been shown to negatively affect DNA integrity and enzymatic repair procedures, according to studies (Prasad et al. 2016).

Additionally, ROS can lead to cell death, oocyte meiosis arrest, and embryonic developmental arrest. Increased amounts of ROS can cause maturation promoting factors (MPFs) to lose their stability, down the chance of viability, and cause mitochondria-stimulated death in oocytes (Tarin et al. 1996). Chromosome abnormalities brought on by oxidative stress in the process *in vitro* maturation may not be seen in live oocytes but may become obvious after fertilization (Sánchez-Ajofrin et al. 2020). Compared to the lower oxygen levels (5-8.5%) prevalent *in vivo*, mammalian embryos cultivated *in vitro* are exposed to greater oxygen concentrations (about 20%). The higher ROS levels in *in vitro*-produced embryos can cause DNA strand breaks and the raised oxygen levels in the environment can slow down embryonic development (Takeuchi et al. 1996; Ramamurthy et al. 2013).

Uses in gamete cryopreservation and *in vitro* embryo production

A highly valuable element in biology, chemistry, and medicine due to its special qualities and many uses is selenium. In addition to serving as a cofactor for the enzyme glutathione peroxidase (GSH-Px), it is essential for scavenging free radicals generated inside cells. Additionally, selenium plays important roles in the breakdown of exogenous compounds, the removal of certain amino acids via the kidneys, and the creation of hormones from arachidonic acid (Livingston et al. 2009; Aprioku 2013). GSH-Px activity is crucial for preserving the integrity of cell membranes and acrosomes, which contributes to fertilization (Sztrik 2016). Insufficient selenium levels have been linked to negative impacts on reproductive success in a variety of animals (Agarwal et al. 2012). Reduced sperm motility, mitochondrial instability, and morphological defects can all be caused by a lack of selenium (Dorostkar et al. 2012). In a study on buffalo semen extenders, sodium selenite was used in a range of concentrations (0, 0.5, 1, 2, 4, and 8 g/ml), and it was found that supplementing with 1 and 2 g/ml sodium selenite significantly improve sperm viability, membrane integrity, antioxidant capacity, motility, and lessen DNA damage. Higher selenium concentrations (8 g/ml) nonetheless exhibited negative impacts on sperm parameters (Hawkes and Turek 2001). High selenium concentrations

have a negative effect on the energetic area of sperm cells, impairing normal oxidation and cell respiration activities that take place in the mitochondria. This is thought to be the cause of selenium's harmful effects (Kaur and Parshad 1994). The midpiece area of the flagellum, which is responsible for producing energy, exhibits anomalies when dietary selenium at a concentration of 4 ppm is consumed, according to a study of different phases of spermatid differentiation in the testis (Siegel et al. 1980). Bovine sperm motility has been reported to be improved by selenium via preventing oxidative damage (Ghafarizadeh et al. 2018). Selenium has been found to protect sperm from the damaging effects of reactive oxygen species (ROS) during sperm collection in males with asthenozoospermia by maintaining appropriate enzymatic and antioxidant activities (Tareq et al. 2010). Studies have shown that vitamin E and selenium in the form of selenomethionine (SeMet) and SeMet coupled with each other can reduce ammonia buildup and enhance glucose utilization in pig spermatozoa (Basini and Tamanini 2000). Selenium has also been shown to boost estradiol release and stimulate the proliferation of bovine granulosa cells (Tareq et al. 2012). *In vitro* maturation, fertilization, and culture of pig oocytes were all improved by SeMet and SeMet mixed with vitamin E, according to a Tareq et al. research (Hoshino 2018), which also demonstrated that SeMet's ammonia-reducing properties. The glutathione peroxidase enzyme in oocyte maturation, includes chemical compound production, protein phosphorylation, and activation of certain metabolic pathways (Soltani et al. 2023). In research by Guimarães et al. (2016), it was shown that vit-E, although substantial effects were seen with selenium (Se) and Se plus vit-E, was more efficient than Se or a combination of Se and vit-E in correcting ROS-induced damage in mouse embryos. The combination of insulin, transferrin, selenium, and ascorbic acid did not, however, enhance the quality of oocytes generated from tiny follicles in bovine *in vitro* maturation (Boas et al. 2017). Zinc deficiency has been found to have an impact on male fertility through altering the development of the testicles, spermatogenesis, and steroidogenesis through the release of gonadotropins (Meng et al. 2017). Additionally, testosterone production, the expression of steroid receptors, and the control of serum cholesterol levels all include zinc (Ebisch et al. 2007). It serves as a cofactor for a variety of metalloenzymes, such as DNA repair and antioxidant enzymes (Kotdawala et al. 2012). It has been shown that adding zinc to human semen extenders enhances sperm survival, DNA integrity, membrane integrity, and motility (Jeon et al. 2014). Parthenogenetic and *in vitro* fertilized embryos' embryonic development has

been observed to benefit from the addition of 0.8 g/ml of zinc during *in vitro* maturation (Barros et al. 2018). The meiotic competence of developing oocytes and the subsequent development of bovine embryos are greatly influenced by the presence of zinc in the maturation and fertilization media (Jeon et al. 2015). The cytoskeleton is organized in part by zinc, and zinc shortage can change the distribution of microfilaments in oocytes during *in vitro* maturation, impacting somatic cell nuclear transfer embryos (Cheng et al. 2013). The identification of cytoskeleton-associated proteins as crucial determinants of early clone formation raises the possibility that oocyte cytoplasmic components play a role in nuclear reprogramming (Stephenson and Brackett 1999). However, research showing that high quantities of zinc (10 mg/mL) given to the maturation medium decreased fertilization and showed harmful consequences of zinc supplementation (Kincaid 2000). It was discovered that hazardous levels of zinc (3 to 15 mg/mL in plasma) existed. Since a suitable ROS concentration is necessary for normal development, excessive ROS reduction caused by high zinc dosages might harm embryonic development (Sakatani et al. 2007). Additionally, it has been demonstrated that too much ROS reduction is detrimental to the growth of embryo (Kim et al. 2010). In a study by Kim et al. (2010), In mouse oocytes, copper concentrations below 10 M did not affect maturation, whereas concn. of 20 M or above were hazardous. For several enzymes, including tyrosinase, amino oxidase, cytochrome oxidase, and copper-dependent superoxide dismutase, copper functions as an important cofactor, similar to how selenium and zinc do. It participates in the processes of oxygenation, hydroxylation, and dismutation. High copper concentrations, however, can cause free radical generation, nucleic acid binding, oxidation of proteins and lipids, and protein and lipid oxidation (Cunningham et al. 1995). The bulk of the copper in the plasma is transported by ceruloplasmin, while the remainder is attached to other transporters such albumin, and transcuprein, copper-amino acid complexes. Because of its strong redox activity, which can result in redox imbalances, unbound copper is hazardous (Evans et al. 2002; Tabassomi and Alavi-Shoushtari 2013). Because of its strong redox activity, which can result in redox imbalances, unbound copper is hazardous (Gao et al. 2007). In contrast to the control group, the addition of Fe and Cu to the maturation media considerably decreased the frequency of apoptotic blastomeres while having no discernible effect on the maturation of bovine oocytes. The effective, morulae, and blastocysts also depends on iron and copper, and a chronic iron or copper deficit might increase the frequency of apoptotic blastomeres (Domínguez et al. 2004). High iron concentrations can produce extremely

reactive free radicals and hydro peroxides when combined with unsaturated fatty acids, which can result in oxidative damage (Picco et al. 2012). It has been discovered that copper enhances DNA integrity in cumulus cells and raises intracellular glutathione (GSH) levels during oocyte maturation (Cheema et al. 2009).

Bull semen extenders with $MnCl_2$ added have been proven to increase the quality of the semen, as seen by improvements in measures including motility, membrane integrity, and MDA generation (Singh et al. 2019). It is possible that Mn^{++} is involved in the quick quenching of these radicals by reactions like $R-OO + Mn^{++} + H^+ ROOH + Mn$ since it has peroxyl radical scavenging capability (Singh et al. 2019). Elbetiha et al. (2001) conducted a study to evaluate the detrimental effects of high $MnCl_2$ concentrations on fertility and reproduction in male and female mice Pelyhe and Mézes (2013) revealed that 0.1 mM $MnCl_2$ had a positive effect on sustaining sperm mobility without compromising mucus penetration or fertilizing effectiveness. They suggested that Mn^{++} may affect the activity of the enzyme sperm cyclase, causing a rise in calcium (Ca^{++}) concentration and improved motility.

Uses in gamete cryopreservation and *in vitro* embryo production

Nanotechnology offers a promising method to take use of the biological characteristics of several elements, including Nano selenium, for uses in cell freezing, digesting, and reproduction (Hosnedlova et al. 2018). Comparing selenium nanoparticles to sodium selenite and selenite, they show less toxicity (Safa et al. 2016). Researchers Abd-Allah and Hashem (2015) discovered that 1% selenium nanoparticles and 5 g/ml vitamin E added to the freezing diluent increased rooster sperm motility, viability, and oxidative variables. Additionally, Se-NPs have demonstrated an improvement in sperm quality and spermatogenesis rates (Talebi et al. 2014). Studies and clinical trials have looked at how Se-NPs effect on goat sperm (Khalil et al. 2019). Additionally, the addition of 1 g/ml of Se-NPs to Holstein bull semen extenders led to better semen quality and greater *in vivo* fertility rates (Mézes and Salyi 1994). However, Se-NPs at greater concentrations (1.5 g/ml) had detrimental effects on sperm viability, increased the amount of apoptotic and necrotic sperm, and interfered with the antioxidant system, causing lipid peroxidation and spermatozoa mortality (Flick and Kaiser 2012). More free radicals may be produced by Se-NPs at higher concentrations, which might contribute to lipid peroxidation and causes cellular stress marked by decreased protein production and lower protein breakdown (Stohs and Bagchi 1995). Due to the potential negative consequences, care should be taken when supplementing with greater doses of Se-NPs (Asri-Rezaei et al. 2018).

Selenium nanoparticles added to the diets of male mice dramatically increased antioxidant capacity and sperm quality in comparison to the control group (Khoram et al. 2017). In research including elderly and young rodents, older mice treated with 0.4 mg of selenium nanoparticles had greater rates of sperm motility and viability, as well as a lower percentage of dead and damaged sperm, than younger mice given with 0.2 to 0.4 mg/kg body weight (Talebi et al. 2014). In comparison to the control group, the addition of 4% selenium nanoparticles to the semen diluent increased sperm motility and membrane integrity (Abdel-Halim and Helmy 2017). *In vitro* bovine oocyte maturation media containing selenium nanoparticles (Se-NPs) and zinc oxide nanoparticles (Zn-NPs) resulted in a decrease in DNA damage and an increase in total intracellular glutathione. Expanded blastocysts treated with Se-NPs or Zn-NPs showed greater viability rates than the control group following freezing-thawing operations. The ram sperm parameters of progressive motility, viable sperm percentage, and plasma membrane integrity were all increased by 0.1 mg/ml of zinc oxide nanoparticles, whereas malondialdehyde (MDA) generation was decreased. However, at concentrations more than 0.1 mg/mL, sperm viability and motility were adversely reduced (Alavi-Shoushtari et al. 2009). Zinc imbalances in seminal plasma or spermatozoa may have a negative impact on seminal abnormalities and the onset of oxidative stress in rams, which might cause reproductive issues (Jahanbin et al. 2015). Bull semen extenders with Zn-NPs added to them increased sperm vitality, motility, mitochondrial integrity, and membrane integrity while lowering the proportion of defective sperm (Barkhordari et al. 2013). Study results showed that cytotoxicity increased with increasing concentrations and longer incubation times, showing the maximum toxicity rate, when zinc oxide nanoparticles were infused into human semen at various concentrations and incubation times (Heng et al. 2010). Although the precise processes causing the toxicity of zinc oxide nanoparticles remain unclear, probable causes include mitochondrial malfunction, ion release, binding to proteins in the membrane or cytoplasm, and the creation of intracellular reactive oxygen species (ROS) (Isaac et al. 2017). Malondialdehyde (MDA) levels and sperm chromatin damage were significantly decreased when zinc oxide nanoparticles were introduced to human semen extenders in comparison to the control group, indicating that these particles did not impair human spermatozoa (Baek et al. 2011). The size and charge of zinc oxide nanoparticles likely affect their cytotoxicity (Abaspour Aporvari et al. 2018). Oral delivery of zinc oxide nanoparticles at a dose of 80 ppm increased sperm motility, vitality, membrane functioning, and decreased abnormalities in research on ram sperm quality and

antioxidant characteristics of seminal plasma. Additionally, it improved the antioxidant capacity of seminal plasma and superoxide dismutase enzyme activity (Jahanbin et al. 2021). Another investigation employing bull semen extenders discovered that the inclusion of zinc oxide nanoparticles enhanced mitochondrial activity and plasma membrane integrity decreased MDA levels, and had no discernible impact on motility, viability, or pregnancy rates. However, adding Zn-NPs during *in vitro* maturation increased blastocyst rates (Soltani et al. 2022). Liquid-maintained ram epididymal spermatozoa performed better when modest doses of ZnO-NPs were added, especially in terms of overall motility, viability, and membrane and DNA integrity at various incubation times (Odhiambo et al. 2014). Nanoparticles may be hazardous, according to some research, however, they have also been effectively used in biological applications including the treatment of cancer and *in vitro* fertilization (Gil et al. 2013). Magnetic nanoparticles coated with lectin or annexin V have shown promise in the separation of viable sperm cells from unhealthy or damaged ones. When exposed to heat stress, treatment of pig semen with lectin-coated magnetic nanoparticles boosted reproductive rates and sperm motility (Barkalina et al. 2014). By removing defective sperm cells during artificial insemination, lectin-coated magnetic nanoparticles have also been successful in increasing conception rates in bull semen samples (Feugang et al. 2015).

Feugang et al. (2015) enhanced motility by separating functional sperm from immotile or weakly motile sperm using lectin-coated magnetic iron oxide nanoparticles. Both the survival of newborn piglets and the fertility of boar semen were unaffected by these magnetic nanoparticles. The

sperm plasma membrane contains lectin and carbohydrate receptors, which have a variety of functions, including causing sperm to clump together (Dominguez et al. 2018). In recent investigations, the use of magnetic nanoparticles for semen sexing in several species has been investigated. For instance, to differentiate sperm based on the changes in electrical potential between spermatozoa harboring the X and Y chromosomes, magnetic nanoparticles were introduced to donkey semen samples and subjected to a magnetic field. Using this method, spermatozoa may be separated based on the number of chromosomes they contained (Moradi et al. 2021). Similar techniques have been used for sperm sexing in sheep, where magnetic nanoparticles were successful in separating sperm carrying X and Y chromosomes (Moradi et al. 2022). After semen sexing, pretreating ram semen extenders with magnetic nanoparticles did not have a detrimental impact on the semen properties after cryopreservation (Ben-David Makhluף et al. 2006). Magnetic nanoparticles were used to treat spermatozoa, which showed that they could penetrate cells without compromising motility or acrosomal reactivity (Rajabi et al. 2019). The number of distinct cell types in testis tissue was decreased in Wistar rats after intraperitoneal injection of varied amounts of copper oxide nanoparticles. Bovine oocytes' *in vitro* maturation medium was supplemented with zinc/copper oxide nanoparticles at doses of 0.7 to 1 g/ml, which decreased DNA damage and raised the intracellular total glutathione level in both the oocytes and cumulus cells. However greater quantities of these nanoparticles (1.5 g/ml) had negative impacts on the viability of bovine oocytes (Abdel-Halim et al. 2018).



Fig. 1: An illustration of nanoparticles in different reproductive technologies

Conclusions

The critical elements selenium, copper, iron, and zinc play crucial roles in a variety of biological processes. Important enzymes including glutathione peroxidase, Cu/Zn superoxide dismutase, catalase, and mitochondrial Mn₂-dependent superoxide dismutase all contain them as essential parts. These substances, whether in salt or nanoparticle form, support the structure and operation of enzymatic antioxidants, reducing the generation of reactive oxygen species (ROS) and enhancing cellular processes. According to the research previously stated, Se, Cu, Fe, and Zn nanoparticles that function as cofactors for enzymatic antioxidants have a variety of impacts on sperm cryo-preservation and in-vitro embryo development. While several studies have noted the toxicity of NPs, it is vital to recognize that this might vary based on cell types, species, and concentration. Nevertheless, no harm has been shown in several tests

proposes encouraging pathways to conserve the threatened species and ensure the protection of biodiversity. Massive challenges like low genetic variety and reproductive problems can be dealt and overcome by the employment of advanced approaches. Assisted reproductive technologies can enhance conception rates, reduce the risk of genetic abnormalities, and help in the propagation of threatened species. Still, the ethical concerns and potential risks associated with their use must be kept under consideration. With continued studies, cooperation, and public support, we can take advantage of these technologies and strategies to protect our planet's intricate biodiversity.

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Ethical statement

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Availability of data and material

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All the authors gave their consent for equal participation.

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Competing Interest

The authors declare that they have no relevant financial or non-financial interests to disclose.

Author Contribution

All the authors were involved in writing and editing the manuscript. KY finalized the article and proceeded with publication.

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